

## Upper Endoscopy (EGD) Prep

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then ***we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.*** We will contact you once they have responded. Do not stop aspirin for the procedure.

**FOUR DAYS BEFORE PROCEDURE:** Discontinue multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

**ONE DAY BEFORE PROCEDURE:** Normal diet until midnight. After midnight, clear liquids only such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water. NO SOLID FOOD OR MILK PRODUCTS.

**DAY OF PROCEDURE:**

- You may have clear liquids, gum, hard candy and tobacco products up to 3 hours before your procedure.

\*\*IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.

\*\*IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.

\*\*DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.