

Capsule Enteroscopy

Date of Procedure: _____ Arrival Time: _____

Your test will be performed at: Asheville Gastroenterology Associates
191 Biltmore Ave, Asheville, NC 28801

Mission Hospital Endoscopy Department
509 Biltmore Ave, Asheville, NC 28801

One (1) week prior to procedure, stop all iron.

The day before procedure:

1. Patients with diabetes (Oral and insulin): Take half your normal dose unless otherwise instructed.
2. No smoking 24 hours prior to procedure.
3. You may have a normal breakfast and a light lunch.
4. At 1:00pm begin a clear liquid diet (water, apple juice, popsicles, Jell-O, beef or chicken broth, soda, black coffee, tea and Gatorade - nothing red or purple). No solid foods or milk products.
5. Mix Colyte according to the directions on the container.
6. Begin drinking Colyte solution at 5pm, one glass every 15-20 minutes until you consume half the gallon. Discard the remaining solution.
7. Nothing to eat or drink after 10:00pm.

The day of your procedure:

1. Patients with diabetes: DO NOT take your diabetic medication until you are able to eat, after your procedure.
2. You may take your other morning medications with a sip of water at least 2 hours prior to procedure time.
3. Nothing to eat or drink on the day of the procedure.
4. Please wear a cotton T-Shirt.
5. After ingesting the capsule, you will be given further instructions for the remainder of the day as to when and what you may eat and what activities you can or cannot do.
6. The equipment must be returned the following day by 12 noon unless otherwise instructed.