

Bravo EGD/Colonoscopy Preparation with MOVI (Off GI Meds)

Date of Procedure: _____ Arrival Time: _____

****Your MOVI prep solution has been called into your pharmacy. Please pick this up soon.** DO NOT FOLLOW THE INSTRUCTIONS ON THE MOVI BOX**

If you normally take Pletal (Cilostazol), Jantoven, Plavix (Clopidogrel), Coumadin, Warfarin, Persantine (Dipyridamole), Eliquis (Apixaban), Aggrenox, Xarelto or Pradaxa (Dabigatran) then **we will contact your prescribing physician to make sure that it is okay for you to stop for the recommended number of days.** We will contact you once they have responded. Do not stop aspirin for the procedure.

SEVEN DAYS BEFORE PROCEDURE: Discontinue Prevacid, Prilosec (Omeprazole), Aciphex, Protonix, Pantoprazole), Nexium, Dexilant and Zegrid. Continue all other medications including those for your heart, blood pressure, asthma or other chronic conditions as previously instructed by your physician.

FOUR DAYS BEFORE PROCEDURE: Discontinue eating any foods with seeds, nuts, fruit or vegetables with skin and corn. Also avoid multivitamins as well as iron, herbal and homeopathic supplements (unless advised by a physician).

[] If your physician has recommended that you take Miralax in addition to the Movi

solution before procedure, due to a history of severe constipation or other medical indication, you will need to purchase Miralax 119 gram bottle and take 17 grams (one capful) of Miralax in 8 oz of water twice a day, beginning 3 days before procedure.

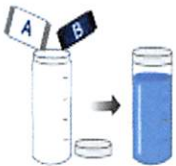
TWO DAYS BEFORE PROCEDURE: Discontinue taking Tagmet, Zantac, Pepcid, Axid, Ranitidine, Reglan or any other over-the-counter antacid medications.

ONE DAY BEFORE PROCEDURE: Clear liquids such as broth or bouillon, Jell-O, popsicles and Gatorade (NO red or purple), tea, coffee, clear soft drinks and water are allowed. NO SOLID FOOD OR MILK PRODUCTS.

Diabetics: Insulin Pump – Follow instructions from Endocrinologist

Oral Diabetic or Insulin Dependent – Take half of your normal dose unless otherwise instructed.

Beginning at 5:00 pm, complete steps 1 through 4:



Step 1 - Empty one (1) pouch A and one (1) pouch B into the disposable container

Step 2 - Add lukewarm drinking water to the fill line at the top of the container. Mix to dissolve.

Step 3 - Drink a glass every 15-20 minutes until liter has been consumed

Step 4 - You must drink one more 16 ounce container of your preferred clear liquid over the next hour

Bowel movements usually start within 1-2 hours after you begin drinking and can continue 1-2 hours after you finish.

DAY OF PROCEDURE:

- 6 hours before your procedure discontinue all forms of tobacco products
- 5 hours before your procedure, repeat steps 1 through 4 using the remaining packet A and packet B
- You must finish the final glass of prep solution and/or clear liquid at least 3 hours before your procedure
- You may have clear liquids, gum and hard candy up to 3 hours before your procedure

**IF YOU TAKE BLOOD PRESSURE MEDICATIONS, YOU MAY TAKE THEM 3 HOURS PRIOR TO YOUR PROCEDURE TIME.

**IF YOU ARE A DIABETIC, DO NOT TAKE YOUR MEDICATIONS BUT PLEASE BRING THEM WITH YOU.

**DO NOT TAKE HEPARIN OR LOVENOX ON THE DAY OF PROCEDURE.